# 3B's Newsletter

## March

**Term Dates** 17th April – 26th May 2023

### Football Opportunity

Newquay disability hub are setting up a Disability Rec football hub at Newquay Tretherras. This is a Pandisability hub, this means any disability is welcome. They wouldn't be able to cater for people in wheelchairs or those that are fully blind as there are specialised clubs for that. The first session will start on the 4th of April.



### Comic Relief

This month we took part in Comic Relief and the Theme was 'Dress funny for money'. Staff came dressed in various outfits which gave us all plenty of laughs through the day. The school raised £25.50.



### <u>Important Dates –</u> Parent/Carer Group

Parent group is always held on a Friday 10.30-12, in Blackwater Village Hall:

- March 31st
- April 28th
- May 26th
- June 30th
- July TBC

If you have any questions or queries, please contact Lisa Clark or Selina Ramble:

### Pinklisa20@sky.com

<u>Selina.ramble@spectrumas</u> <u>d.org</u>

\*\*31st March\*\* -Representatives from the local authority will be attending this week's meeting to update Parent/Carers on our situation.

#### Food Tech

This month the students have enjoyed making baked treats as part of the food tech lessons. They have made Jam Tarts; Biscuits and this week will be hot cross buns. Just in time or the Easter Break.

### **Support for the Half Term**

Please find below some links that can provide support for over the 2-week break.

Student Well-being	Parent/carers Well-being
www.camhsresources.co.uk	Parent Carers Cornwall
The Children's Society   UK children's charity (childrenssociety.org.uk)	https://www.actionforchildren.org.uk/in-your- area/services/disability/cornwall-space/
Childline   Childline	Friends of Face2Face Cornwall Oasis Groups
<u>Children's mental health - Every Mind Matters -</u> <u>NHS (www.nhs.uk)</u>	http://www.cafamily.org.uk/
YoungMinds   Mental Health Charity For Children And Young People   YoungMinds	https://www.supportincornwall.org.uk
MHFA England	https://www.autism.org.uk
<u>helpful-resources-for-young-peoples-mental-</u> health.pdf (mhfaengland.org)	SEN PARENTING
talking-tips.gif (1920×1080) (mhfaengland.org)	https://www.cornwall.gov.uk/earlyhelphub
<u>self-care-schools.gif (1000×563)</u> (mhfaengland.org)	www.camhsresources.co.uk

### Headteacher Comments:

Thank you for all of your support and commitment. I wish you all a wonderful Easter break. Best wishes Lisa