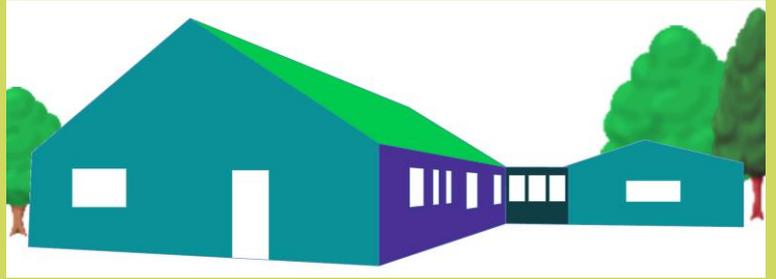


# 3B's Newsletter



November

## Term Dates

31st Oct – 16th Dec

### *Children in Need and Anti-Bullying Week*

We had a fantastic day on Friday (18th) with lots of focused activities and learning, I can safely say lots of fun was had by all in true 3B's style!! Staff and students dressed as superheroes and looked fantastic, we all feel that the students are Super heroes every day not just November 18<sup>th</sup>! Please check out the photos attached at the end of the newsletter 😊

### *Wellies Weather*

Please can you ensure that you young person has a pair of wellies/waterproof shoes (& a spare pair of socks). We have lots of outdoor activities planned and it may get muddy! Thank you.

*Thank you to the parents who have already replied and provided the extra footwear.*

#### Headteacher comments:

At 3B's we always teach the importance of being kind and what to do if you feel unsafe too. This month we approached this through Children in Need and Anti Bullying week, it was a rich and valuable learning experience.

Look out for our Christmas activities next month

Best wishes, Lisa



### Important Dates – Parent/s Carer/s Group

Parent Group is always held on a Friday 10.30-12:

- 25<sup>th</sup> November
- 16<sup>th</sup> December
- 27<sup>th</sup> January
- 24<sup>th</sup> February
- 31<sup>st</sup> March
- 28<sup>th</sup> April
- 26<sup>th</sup> May
- 30<sup>th</sup> June

If you have any questions or queries please contact Lisa Clark:

[pinklisa20@sky.com](mailto:pinklisa20@sky.com)

# There's help available...

## *Cost of living crisis*

As the cost-of-living crisis continues to squeeze families' wallets, please see the below link to a factsheet for ideas of practical and financial support available to you. I have also included additional links which may be useful.

[Parent factsheet: cost-of-living crisis | The Key Leaders \(thekeysupport.com\)](#)

[Cost of living support - GOV.UK \(www.gov.uk\)](#)

[Cost of living crisis: help, advice and UK news - Which?](#)

[Cost-of-living crisis – Find help here | LBHF](#)

## *Stress awareness week*

Please see below a list of resources to help you to create less stressed environments for you and your young person/s.

- 5 Common Stressors for Children and How We Can Help
- 5 Tips for Creating a Stress-Free (Or At Least LESS Stressed) Household
- Teaching Your Kids to Recognize Signs of Stress: 5 Practical Tips
- [Stress Fact Sheets](#)
- [Coping with stress • SEN Magazine](#)

## Safeguarding

**We undertake monthly safeguarding training and in October we focused on county lines and this month we have looked further into this with modern slavery and trafficking:**

[Protecting children from trafficking and modern slavery | NSPCC Learning](#)



## Safeguarding

We undertake monthly safeguarding training and in October we focused on county lines and this month we have looked further into this with modern slavery and trafficking:

[Protecting children from trafficking and modern slavery | NSPCC Learning](#)

## **Safeguarding**

**We undertake monthly safeguarding training and in October we focused on county lines and this month we have looked further into this with modern slavery and trafficking:**

[Protecting children from trafficking and modern slavery | NSPCC Learning](#)