

**Three Bridges
School
Lunch Menu
Spring 2025**



**Three Bridges
SCHOOL**



Week 1 24th February and 17th March

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Katsu curry served with rice and a poppadom	Tomato pasta bake	Jacket potato with Mexican chicken topping (or beans/ tuna/cheese)	Egg fried rice with peas	Pizza /pizza rolls and potato bites
Snacks	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast

Week 2

3rd March and 24th March

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Creamy sweetcorn pasta bake	Chicken quesadilla with homemade salsa and corn tortilla crisps	Jacket potato with cheese and beans	Gammon, potatoes and cauliflower/ broccoli cheese	Pizza /pizza rolls and potato bites
Snacks	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast

Week 3

10th March and 31st March

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Tomato pasta bake	Chicken (or quorn chicken) fajitas with a tomato sauce and sour cream	Gnocchi with a tomato ragu sauce	BBQ chicken burger/Beef burger with homemade coleslaw and wedges	Pizza /pizza rolls and potato bites
Snacks	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast	Baked crisps, fruit / raisins / dried fruit, yoghurt / alpro yoghurt or dessert, Fruit Winders, Cheese and crackers / rice cakes, bagel / crumpet / toast